# Saving Your Second Marriage Before It Starts

by Drs. Les and Leslie Parrott

While a staggering 60% of remarriages end in divorce, you can tip the odds drastically in your favor by preparing yourselves with the proven wisdom and skills described in *Saving Your Second Marriage Before it Starts*. Drs. Les and Leslie Parrott – relationship experts – focus their groundbreaking, frontline expertise to help you face the unique challenges of remarriage. This is far more than one more book on blended families (although it does address that concern). It is a comprehensive, guided approach to surmounting the thorny issues you will face as a couple and to making your second marriage healthy, satisfying, and enduring.

A wife of noble character, who can find? She is worth far more than rubies. ~ Proverbs 31:10

Exploring nine critical questions you need to ask before – and after – you remarry, the Parrotts show you how to avoid making the same mistakes twice. You and your partner will discover and practice what it takes to:

- know whether you're ready to marry again
- face the myths of remarriage honestly
- identify and meld your love styles
- develop the habit of happiness
- say what you mean and understand what you hear
- bridge the gender gap
- fight a good fight
- combine a family
- become soul mates

Submit to one another out of reverence for Christ. ~ Ephesians 5:21



A cord of three strands is not quickly broken. ~ Ecclesiastes 4:12

# Resources on the WEB

There are many resources for marriages on the web. Here are just a few:

**Gary Smalley,** best-selling author and speaker, has spent over 35 years learning, teaching, and counseling. Gary has personally interviewed hundreds of singles and couples and has surveyed thousands of people at his seminars asking two questions: What is it that strengthens your relationships and what weakens them? For more, visit: **www.smalleyonline.com** 

Focus on the Family believes that the institution of marriage is intended by God to be a thriving, lifelong relationship between a man and a woman enduring through trials, sickness, financial crises and emotional stresses. For more, visit: www.focusonthefamily.com

Family Life believes God created marriage for the purpose of couples glorifying God as one flesh, parenting godly children, and enjoying sexual pleasure. As iron sharpens iron, we believe God uses marriage to sharpen a man and woman into the image of Jesus Christ. For more, visit: www.familylife.com

Love is patient, love is kind ... ~ 1 Cor. 13:4

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VISIT US ON THE WEB AT: www.coloradocommunity.org

If you are interested in starting a marriage-related ministry at CCC, please contact Pastor Ray Cook.

For info on other marriage resources or events, please contact Lisa Nuu.

colorado community church

# Made to Last?



Marriage Resources to help you Finish Strong

## The Marriage You've Always Wanted by Gary Chapman

#### Marital Bliss?

"My wife is a nag!" "My husband thinks I'm his slave!" "We just don't love each other anymore."

Common phrases in an all too common world of marital failure. We hear them everyday from our co-workers, our friends, and even ourselves. The separation and divorce rate among Christian couples continues to rise while thousands of other Christian couples continue to live together in something far less than the "abundant life" that Jesus promised. Is your marriage turning out differently than you expected? Are all of today's alarming statistics making you wary of ever getting married? Well you are not alone.

In Toward a Growing Marriage, Dr. Chapman offers the hope you've been looking for. The author of the bestselling book The Five Love Languages, will help you get your marriage off to a good start or back on the right track with advice that is both biblical and practical. Part of the problem, according to Dr. Chapman, is that too many times our churches have focused on the negative biblical directives when teaching about marriage. We need to know more than to not marry a non-believer and to save sex for marriage. We need to know how to succeed. Toward a Growing Marriage is divided into two sections in order to help two different audiences succeed: those who are in the process of finding a spouse who will be a "fitting" or "suitable" marriage partner; and those who have already said "I do" and are trying to fulfill that commitment.

Marital happiness is not automatic, but the practical application of Dr. Chapman's helpful information will put couples well on their way to successful and fulfilling marriages.



This is now bone of my bones and flesh of my flesh. ~ Genesis 2:23

#### The Five Love Languages

How to Express Heartfelt Commitment to Your Mate by Gary Chapman

Are you and your spouse speaking the same language? While love is a many-splendored thing, it is sometimes a very confusing thing, too. And as people come in all varieties, shapes, and sizes, so do their choices of personal expressions of love. But more often than not, the giver and the receiver express love in two different ways. This can lead to misunderstanding, quarrels, and even divorce.

- Quality Time

- Words of Affirmation

- Gifts

- Acts of Service

- Physical Touch

Dr. Gary Chapman identifies five basic languages of love and then guides couples towards a better understanding of their unique languages of love. Learn to speak and understand your mate's love language, and in no time you will be able to effectively love and truly feel loved in return. Skillful communication is within your grasp!

# Marriage Without Regrets No matter where you are or where you've been, you can have... by Kay Arthur

This book isn't about how to have a perfect marriage, or to change our spouses," says Kay. "It's about having the kind of marriage where you can stand before God and say, 'Lord, I was all that You intended me to be.' Only when we make that kind of commitment can we truly have a marriage without regrets!"

Speaking candidly about her first marriage, her conversion to Christianity, and her longtime marriage to Jack, Kay offers practical advice on effective communication, security and significance, difficult relationships, parenting, and God's guidelines for divorce and remarriage.

Readers will discover what the Bible says about...

- resolving conflict
- understanding each partner's role
- communicating clearly with compassion
- improving the sexual relationship
- becoming financially wise
- respecting and keeping marriage vows

# Love, Sex, and Lasting Relationships by Chip Ingram

Many couples struggle to have a meaningful relationship and seem clueless when it comes to making it last. Yet they crave a quality love life that goes beyond physical attraction. They wonder if relationships really can work. And if so, how? Is it possible to enjoy love, sex, and a lasting relationship in the culture and times in which we live?

### Husbands, love your wives, just as Christ loved the church and gave Himself up for her. ~ Eph. 5:25

In this new book, Chip Ingram examines why many relationships fail and highlights the principles couples need for breaking the trend. *Love, Sex, and Lasting Relationships* covers: the secret to a lasting relationship (God's view vs. Hollywood's view); successful and unsuccessful strategies for finding "the right person"; ways to know if you're in love or merely infatuated; why knowing the difference between love and sex makes all the difference; how to be sexually pure in a sex-saturated society; why sex is such serious business to God; revolutionary ways to attract and relate to the opposite sex; how to give a marriage the best chance of success.

Love, Sex, and Lasting Relationships combines biblical teaching, sociological research, and personal stories, often challenging widely held beliefs, even among Christians, about how to establish and maintain healthy relationships.

# Sex, Men and God: a Godly Man's Roadmap to Sexual Success by Douglas Weiss, Ph.D.

Finally, an encouraging message for men who want to be sexually successful! What is sexual success? It's having a three-dimensional (body, mind and spirit) connection to your spouse alone that grows increasingly more fulfilling throughout your lifetime together.

God is not against sexual pleasure in your marriage! In fact, He created it! So what is keeping you from experiencing the best of His creation? Discover the answer to that question - and more - in Sex, Men and God! This book clearly and creatively outlines practical, doable suggestions and principles that will help you enjoy your sexuality as God intended.